

**Student Health Advisory Council  
 Edgewood ISD**

**Mission** – Edgewood ISD provides an exceptional learning experience that engages, empowers, and prepares students to compete and reach their highest potential in an ever-changing World.

**SHAC Meeting Agenda**  
 Thursday, September 21, 2022  
 District Conference Center  
 11:30 a.m. – 1:00 p.m.

ITEMS FOR DISCUSSION		
Agenda Topic	Time	Notes
A. Role of the SHAC	15 minute	<b>Purpose:</b> To inform the SHAC of the purpose and function of the council.
<p><b>Notes:</b>  <a href="#">BDF (LEGAL)</a>            The board shall appoint at least five members to the SHAC. A majority of members must be persons who are parents of students enrolled in the district and who are not employed by the district. One of those members shall serve as chair or co-chair of the SHAC.</p> <p>SHAC Co-Chair – will consist of Olga and a parent of a student of grade ECC-12<sup>th</sup>.</p> <p>For meetings, we do not have a final say. The Voting Board gets the final approval.</p>		
<b>DELIVERABLE:</b>		
B. 2022-2027 District of Innovation	10 minutes	<b>Purpose:</b> To explain the SHAC meeting requirements outlined in the 2022-2027 District of Innovation Plan.
<p><b>Notes:</b>            2022-2027 District of Innovation Plan – Adopted July 2022            Edgewood ISD will claim an exemption to Local School Health Advisory Council (SHAC) meeting requirements. The members of the SHAC shall determine how often the committee should meet. The District shall determine the reporting and communication structure of the SHAC meetings, preparation, posting of meeting minutes. The EISD SHAC shall meet at least once per year. The SHAC is consistently aware of the needs of the District’s students and is often able to review, advise, and revise plans in fewer than four meetings.</p> <p>5-year plan started in 2017. We must renew every 5 years.</p> <p>This information will be shared in the weekly Board Update.</p>		
<b>DELIVERABLE:</b>		

C. Co-Chair	15 minutes	<b>Purpose:</b> Determine the two Co-Chairs for the SHAC.
<p><b>Notes:</b> Edgewood ISD Recommends Olga Moucoulis as one of the two Co-Chairs.</p> <p>Rachel Salazar was nominated and selected for Co-Chair.</p>		
<b>DELIVERABLE:</b>		
D. Physical Activity and Fitness Planning Subcommittee	15 minutes	<b>Purpose:</b> The SHAC shall establish a physical activity and fitness planning subcommittee to consider issues relating to student physical activity and fitness and make policy recommendations to increase physical activity and improve fitness among students. Education Code 28.004(l-1).
<p><b>Notes:</b> Ms. Laura Garza will chair the Physical Activity and Fitness Planning Subcommittee.</p> <p>Our committee verifies that we are in compliance with the physical activities required by Senate Bills.</p> <p>All our P.E. Programs follow the “Fitness Gram”.</p> <p>Edgewood Dynamic Warm-Up. For every PE class, we came up with a warmup. Regardless if the students go into Band, ROTC, or regular Physical Education, the students will follow the EISD Dynamic.</p> <p>We are also implementing the Buenestar Method. This is for our child nutrition dept.</p> <p>We do not have Health course in the high school level since it is not mandated, but we do offer it at the Middle Schools.</p> <p>Draw the Line/Respect the Line is offered for high school and is for sex education to focus on the standards of healthy relationships.</p> <p>2-Word is a character development program offered twice a week at elementary schools for students. Students go over the “Character Trait of the Week”.</p> <p>PALS is an after school partnership with SAPD. They sponsor and provide after school sports programs. We are trying to get our kids back out. We have now added Boxing.</p> <p>SA i-Play: develop relationship, character building, weekly tips, four sports are offered (soccer, volleyball, basketball, and tennis). This program is sponsored by San Antonio Sports. The program allows 25 3<sup>rd</sup>-5<sup>th</sup> grade students.</p> <p>The ECC campuses Pre-K – 2<sup>nd</sup> grade follow the same PE curriculum as the ES. Grades 6-8<sup>th</sup> is “Draw the Line, Respect the Line” is a 4-week program. “Reducing the Risk” is 4-8 weeks at the high schools.</p> <p>Same PE is made available to Cisneros and Las Palmas campuses.</p>		
<b>DELIVERABLE:</b>		

E. Wellness Policies Review	15 minutes	<b>Purpose:</b> The policies and procedures adopted to promote the physical health and mental health of students, the physical health and mental health resources available at each campus, contact information for the nearest providers of essential public health services under Health and Safety Code Chapter 121, and the contact information for the nearest local mental health authority. BDF (LEGAL)
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**Notes:**

WE have counselors onsite, we have SEL social emotional counselors and social workers. Not all districts have that available for their students.

We know these past 2 years have affected the students' and staff mental well-being.

The mobile mental wellness program is very effective, but are behind on referrals.

**DELIVERABLE:**

**ADDITIONAL NOTES:**

Will we be adding more counselors? For example, FAA has only one that does more than just counselor work. Will they get more to be more involved?

- Last year, we had our counselors help with the data entry, since we had many
- MHS has 5 – but that's based on enrollment.

What is the name of the Mobile Mental Health Clinic?

- Meadows Foundation

Is there a method to de-stigmatize the mental health stigma?

- We will invite our Coordinator of Counseling Services, Jorge Garcia, to our next meeting.
- We have a guidance counseling component. It's a curriculum we use.
- Counselors meet with students weekly, that have made the callout to speak to them, but we do need to get it out to students how to get help and who to ask for.
- We also have Clarity. It depends on the referral we receive for the Mobile Health Clinic.

Standards don't include LBGT. What are we doing to address that?

- The curriculum has 7 specific cores. The session is trauma-informed. They don't get into the behavior but focus more on the health risks.

Parent Volunteers application is difficult to find.

- The Parent Volunteer Application is in the Careers page
- The Parent Volunteer Application link can also be found on the Family Engagement page.
- We will look into making the link easier to find.

What are the requirements for the counseling? The need is more. Is there specific requirements?

- We can write how many counselors are at each campus.

## Organization Announcements:

### Edgewood ISD Lions Club:

- A block walk was talked about at our Organization. Unfortunately, in our neighborhood, the homes are handed down to the heir. We have had many abandoned houses in our district. We have homeless or squatters. I stay at home, I keep an eye on student walkers.

We want to request officers to monitor the district while students walk to and from school.

- We had a home boarded up on Eldridge/37<sup>th</sup>. The PD will be at the Block Walk.
- The PD involves themselves in the community, we want to encourage it.
- We will be out at the National Night Out.

Family Services is working with COSA – we will take note of this area to see what we can do.

- We have after school programs. PE coaches are not able to assist – if you know of anyone interested in coaching. We do not want to take this opportunity away from the students due to short-staffing.
- Have you approached the colleges and universities? We have not, we will thank you.
- At UTHSA, we have students that need externships that need that experience. Can we send them? Laura Garza will meet with them to get further detail and build a partnership.

YMCA – we have a free Teen Program after school for anyone interested in registering their children.

### Edgewood ISD Athletic Department:

- We allow free entry for athletic students to every game. Middle and High Schoolers are also allowed for free inside games. We would rather have our students engaged in our district games than out in the streets.

### Edgewood ISD Family Engagement:

- We want to encourage an at-home library for our students. We will be offering books at all our events. Please feel free to grab a book before you leave today!

### Do we have someone in child nutrition that will come to our meeting?

- Roxanne Ruiz will be here at our next meeting.

November 14<sup>th</sup> Edgewood Lions is hosting a Dads for Diabetes at Rosedale Park.

- Aggie will send to Olga for posting.

To recap, we will go over Guidance Counselor Stigma, Fine Arts Counselor, Health-Science strand in our next meeting. One of the programs is CTE. What are the programs? Who is enrolled?

- At the next meeting, we will invite the Director of CTE, Dr. Bland.

Everyone will receive an email reminder for our next meeting.

Meeting Adjourned: 12:38pm

**Next Meeting: Student Health Advisory Council Meeting**  
November 30, 2022  
District Conference Center  
11:30 a.m. - 1:00 p.m.